

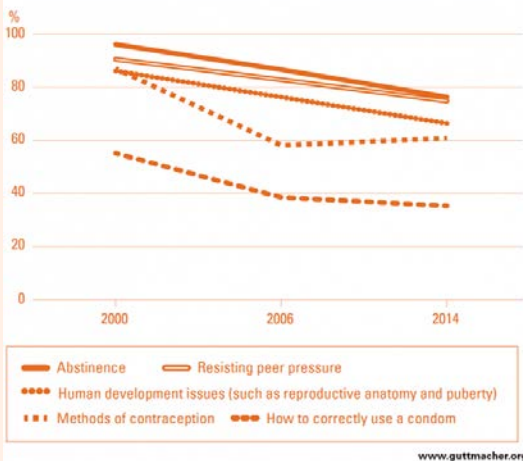


Community  
Action  
Commission  
OF SANTA BARBARA COUNTY



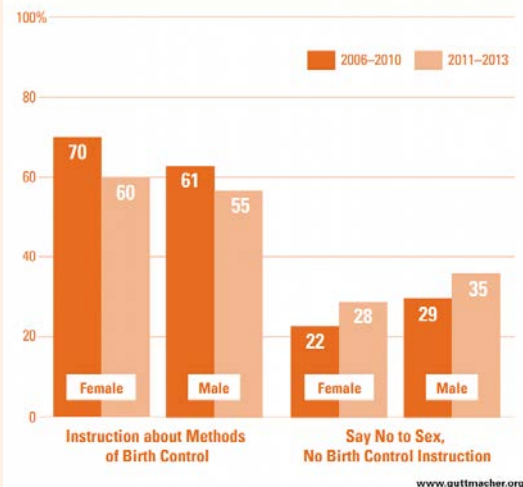
### Sex Education in Schools

The percentage of schools teaching sex education has declined across a range of topics



### Declines in Birth Control Education

Fewer teens are learning about methods of birth control from formal sex education sources, while more are being taught how to say no to sex without any birth control information



Our goal is to decrease youth pregnancy and sexually transmitted infections by providing reproductive health education and life skills training; as well as youth friendly clinical linkages.

We provide the following for our youth between the ages of 12 to 19 here in Northern and Mid Santa Barbara County:

- Youth will go through 6 hours with multiple Modules of the Curriculum called Making Proud Choices! (MPC).
- MPC is aligned with the California Healthy Youth Act
- Youth will get Gift Cards, and snacks as incentives for their participation.
- The Different Modules will cover:
  - Assertiveness training, Self-esteem, Prevention of STDs and STIs, HIV, and AIDS, Pregnancy Prevention, Clinical Terminology, Negotiation, and Self-efficacy.
- The program never assumes that youth are sexually active. Nor do we promote sex. We reinforce that abstinence is the only way to prevent STDs, STIs, HIV, AIDS, or Pregnancy.
- The program is inclusive of all youth no matter, sex, gender, and sexual orientation.
- Youth Friendly Clinical Linkages that offer Family Planning Access Care Treatment (Family PACT) Service.



For more information please contact:  
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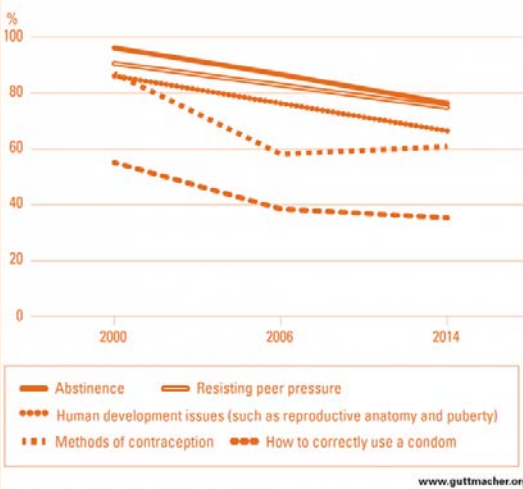


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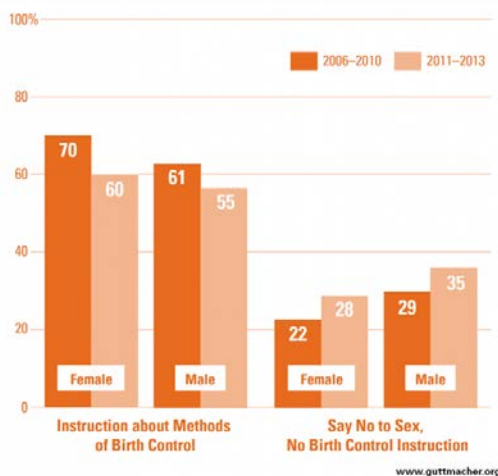
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Nuestra meta es disminuir el embarazo juvenil y las infecciones transmitidas sexualmente, proporcionando educación de salud reproductiva y entrenamiento de habilidades para la vida; y conexiones a clínicas amigables a los jóvenes.

Nosotros proporcionamos lo siguiente a nuestra juventud entre la edad de 12 a 19 años, en las partes Norte y central del Condado de Santa Bárbara:

- Los jóvenes participaran en 6 horas con diferente sesiones del currículo Making Proud Choices (Haciendo Decisiones Orgullosas {MPC}).
- MPC esta aliñado con la ley California Healthy Youth Act. (Acto de California para Jóvenes Saludables)
- Los Adolescentes reciben una tarjeta de regalo y bocadillos por su participación en el programa.
- Las diferentes sesiones cubren los siguientes temas:
  - Entrenamiento en asertividad, Auto-estima, Prevención de ETS, ITS, VIH y SIDA, Prevención de embarazo, Términos Clínicos, negociación, Autoeficacia.
- El programa nunca asumimos que los jóvenes son sexualmente activos. Ni promovemos el sexo. Nosotros reforzamos que abstinencia es la única protección contra ETS, ITS, VIH, SIDA, o embarazo.
- El programa incluye a todos los jóvenes sin importar, sexo, género, o orientación sexual.
- Ofrecemos conexiones a clínicas que son amigables a los jóvenes, que ofrecen servicios de Planificación Acceso Cuidado y Tratamiento Familiar (Family PACT).



Para más información por favor llame:  
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