

Community Action ommission OF SANTA BARBARA COUNTY

## **Back Door Deli**

Weekly Specials for August 29 - September 2, 2016 Breakfast from 8am- - 11am, Monday thru Friday Lunch from 11am – 2:00 pm, Monday thru Friday (805) 681-9968

Breakfast special: Ham and Egg Scramble w/ hash browns and fruit. \$5.95

**Hot Cereal:** S: \$2.75 L: \$3.25

August 29th

**Soup:** Lentil *S:* \$3.25 *L:* \$3.85

**Special**: Tuna Melt w/ Fries – your choice of bread and cheese \$6.95

Breakfast special: Fili Special - (2) Corn Tortillas w/ (2) eggs & Pico de Gallo, bacon & cheddar

cheese... \$5.95

Tuesday, August 30<sup>th</sup> **Hot Cereal:** S: \$2.75 L: \$3.25

**Soup:** Chicken Noodle -S: \$3.25 L: \$3.85

Special: Taco Tuesday!!-2 Crispy Tortillas - seasoned diced chicken, lettuce, tomatoes, and

cheddar jack cheese, Served W/Spanish rice \$6.95

Wednesday,

Breakfast special: Spinach & Feta Omelet -3 eggs, Spinach and Feta served with Hash browns -

\$6.95

**Hot Cereal:** S: \$2.75 L: \$3.25

August 31st

**Soup:** Albondigas - *S:* \$3.25 *L:* \$3.85

Special: Crispy Chicken wrap – Golden chicken tenders wrapped in a sundried tomato flour tortilla with cream cheese, lettuce, tomato, cucumber, olives and cheddar jack cheese served with a small soup \$7.95

Thursday, September 1<sup>st</sup> Breakfast special: Meat Lovers Scramble -3 eggs, Bacon, sausage and ham scrambled with tomatoes, onions and cheddar cheese your choice of toast... \$6.95

Hot Cereal: Sm: \$2.75 L: \$3.25

**Soup:** Clam Chowder: *S:* \$3.25 *L:* \$3.85

Healthy Choice: Chicken Pesto Sandwich – Grilled chicken breast, Pesto, Feta cheese Lettuce

and tomato on a ciabatta roll served with a small soup or salad \$6.95

Friday,

Breakfast special: Garden Omelet – 2 eggs, onions, red peppers, tomatoes, and cheddar cheese served w/ hash browns or toast. \$5.95

**Hot Cereal:** S: \$2.75 L: \$3.25

September 2<sup>nd</sup>

**Soup:** Minestrone. *S:* \$3.25 *L:* \$3.85

Special: Fish and Chips – Beer battered white fish and golden steak fries (yum!) served with malt

vinegar and tartar sauce -\$8.95

Menu is subject to change depending upon availability