



A PRIVATE NONPROFIT

Community
Action
Commission
OF SANTA BARBARA COUNTY

Back Door Deli

Weekly Specials for May 2 – May 6, 2016
Breakfast from 8am- - 11am, Monday thru Friday
Lunch from 11am – 2:00 pm, Monday thru Friday
(805) 681-9968

<p>Monday, May 2nd</p>	<p><u>Breakfast special:</u> <u>Hot Cereal:</u> S: \$2.75 L: \$3.25</p> <hr/> <p><u>Soup:</u> Lentil: S: \$3.25 L: \$3.85</p> <p><u>Special</u> Chicken Fajita Quesadilla – Grilled chicken, peppers and onions, gooey melted cheese between a flour Tortilla served with a side salad - \$7.95</p>
<p>Tuesday, May 3rd</p>	<p><u>Breakfast special:</u> Fili Special - (2) Corn Tortillas w/ (2) eggs & Pico de Gallo, bacon & cheddar cheese... \$5.95</p> <p><u>Hot Cereal:</u> S: \$2.75 L: \$3.25</p> <hr/> <p><u>Soup:</u> Chicken Noodle –S: \$3.25 L: \$ 3.85</p> <p><u>Special:</u> Fish Taco Tuesday- pan seared Mahi fillets on soft corn tortillas topped with Lettuce, tomatoes and cheese served with sour cream and Spanish rice - \$7.95</p>
<p>Wednesday, May 4th</p>	<p><u>Breakfast special:</u> (2) Pancakes (2) eggs and bacon \$5.95</p> <p><u>Hot Cereal:</u> S: \$2.75 L: \$3.25</p> <hr/> <p><u>Soup:</u> Vegetable: S: \$3.25 L: \$ 3.85</p> <p><u>Healthy Choice:</u> Chicken Stir-Fry – Tender chicken, Broccoli, Carrots Snow peas, onions and water chestnuts in an Asian sauce served on top of Brown rice \$6.95</p>
<p>Thursday, May 5th</p>	<p><u>Breakfast special:</u> English Muffin Breakfast Sandwich- your choice of Bacon Sausage or ham with egg and cheese on a toasted English muffin \$5.95</p> <p><u>Hot Cereal:</u> Sm: \$2.75 L: \$3.25</p> <hr/> <p><u>Soup:</u> Cheddar Cheese Potato Soup - S: \$3.25 L: \$ 3.85</p> <p><u>Special:</u> Fili’s famous Chili Colorado – Tender pork in a rich Colorado sauce served with rice and Corn tortillas - \$7.95</p>
<p>Friday, May 6th</p>	<p><u>Breakfast special:</u> Spinach and feta Scramble served with your choice of toast - \$4.95</p> <p><u>Hot Cereal:</u> S: \$2.75 L: \$3.25</p> <hr/> <p><u>Soup:</u> Split Pea: S: \$3.25 L: \$ 3.85</p> <p><u>Special:</u> Chicken Caesar salad Wrap – Romaine lettuce, Parmesan Cheese, Croutons and Chicken with a Caesar dressing wrapped in a sub-dried tomato wrap / with a small soup \$ 7.95</p>

Menu is subject to change depending upon availability