



A PRIVATE NONPROFIT

Community
Action
Commission
OF SANTA BARBARA COUNTY

Back Door Deli

Weekly Specials for Sept. 28 – Oct. 2, 2015
Breakfast from 8am- - 11am, Monday thru Friday
Lunch from 11am – 2:00 pm, Monday thru Friday
(805) 681-9968

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| <p>Monday, September 28th</p> | <p><u>Breakfast special:</u> Vegetable omelet \$4.95</p> <p><u>Hot Cereal:</u> S: \$2.75 L: \$3.25</p> <hr/> <p><u>Soup:</u> Chicken Vegetable: S: \$3.25 L: \$3.85</p> <p><u>Special:</u> Chicken Caesar Wrap – your Favorite salad wrapped in a Sundried tomato & basil wrap w/ a small soup \$7.95</p> |
| <p>Tuesday, September 29th</p> | <p><u>Breakfast special:</u> Fili Special - (2) Corn Tortillas w/ (2) eggs & Pico de Gallo, bacon & cheddar cheese... \$4.95</p> <p><u>Hot Cereal:</u> S: \$2.75 L: \$3.25</p> <hr/> <p><u>Soup:</u> Minestrone –S: \$3.25 L: \$3.85</p> <p><u>Special:</u> Nacho Tuesday!!-Beef Nachos – Seasoned Ground beef, beans tomatoes and cheddar jack cheese piled high on a homemade corn tortilla chips topped with jalapenos and sour cream - \$6.95</p> |
| <p>Wednesday, September 30th</p> | <p><u>Breakfast special:</u> Deluxe breakfast scramble - your choice of 2 meats or vegetables and hash brown scrambled with 2 eggs served with your choice of toast. \$6.95</p> <p><u>Hot Cereal:</u> S: \$2.75 L: \$3.25</p> <hr/> <p><u>Soup:</u> Corn Chowder: S: \$3.25 L: \$3.85</p> <p><u>Special:</u> Chicken Stir-Fry – Delicious vegetables and Chicken sautéed in an Asian sauce served over brown rice - \$7.95</p> |
| <p>Thursday, October 1st</p> | <p><u>Breakfast special:</u> Pancakes W/ bacon and eggs \$5.95</p> <p><u>Hot Cereal:</u> S: \$2.75 L: \$3.25</p> <hr/> <p><u>Soup:</u> Pozole Verde - S: \$3.25 L: \$3.85</p> <p><u>Healthy Choice:</u> Turkey Salad w/Soup – sliced deli turkey, tomatoes, Romaine lettuce, cheddar cheese, black olives. \$6.95</p> <p><u>Special:</u> Tri-Tip Plate – Seasoned, tender oven roasted Tri-tip perfectly sliced with Beans, Garlic bread and Salsa - \$7.95</p> |
| <p>Friday, October 2nd</p> | <p><u>Breakfast special:</u> Denver Scramble –3 eggs, green & red bell peppers, onions, cheddar cheese, and ham... \$ 6.95</p> <p><u>Hot Cereal:</u> S: \$2.75 L: \$3.25</p> <hr/> <p><u>Soup:</u> Lentil -S: \$3.25 L: \$3.85</p> <p><u>Special:</u> Breaded Chicken Pattie Sandwich on a whole wheat burger bun your choice of cheese, Lettuce, Tomato and pickles w/ fries or salad. \$5.95</p> |

Menu is subject to change depending upon availability