



A PRIVATE NONPROFIT

## Back Door Deli Weekly Specials for March 30<sup>th</sup> – April 3<sup>rd</sup>

**Breakfast from 8am - 11am, M-F**

**Lunch from 11am – 2:00 pm, M-F**

**(805) 681-9968**

### **Monday, March 30<sup>th</sup>**

**Hot Cereal: S: \$2.75 L: \$3.25**

**Breakfast special: Garden Omelet – 2 eggs, onions, red peppers, tomatoes, and cheddar cheese. \$5.75**

**Soup: Turkey lentil – Turkey, onion, celery, garlic: \$2.75 L: \$3.25**

**Healthy Choice: Spinach Salad and Soup—Pears, walnuts, feta cheese, tomatoes, and onions. \$7.25**

**Special: Chicken Pesto Pizza—One slice of Pizza served with a side of Caesar salad. \$6.95**

### **Tuesday, March 31<sup>st</sup>**

**Hot Cereal: S: \$2.75 L: \$3.25**

**Breakfast special: Fili Special - (2) Corn Tortillas w/ (2) eggs & Pico de Gallo, bacon & cheddar cheese. \$4.95**

**Soup: Veggies with pasta- Onions, celery, carrots, broccoli, garlic, and pasta S: \$3.25 L: 3.85**

**Healthy Choice: Veggie Wrap - Sundried flour tortillas, tomatoes, cucumbers. Onions, romaine lettuce, cream cheese, With choice of small soup or side salad. \$7.25**

**Special: Taco Tuesday!!-2 Crispy Tortillas - seasoned ground beef, lettuce, tomatoes, onions and cheddar jack cheese W/Spanish rice \$6.95**

### **Wednesday, April 1<sup>st</sup>**

**Hot Cereal: SS: \$2.75 L: \$3.25**

**Breakfast special: Denver Omelet - 2 eggs, green & red bell peppers, onions, ham, and cheddar cheese \$5.75**

**Soup: Chicken with Rice: S: \$3.25 L: \$3.85**

**Healthy Choice: Hawaiian Chicken- Baked chicken breast w/ Teriyaki sauce and pineapples serves w/ brown rice on the side with a side salad. \$6.95**

**Latin Special: Portabella mushroom sandwich – Grilled mushroom w/ jack cheese, grilled onions, tomato, sprouts, with mayo on 9 grain bread served with tortillas chips \$ 7.95**

### **Thursday, April 2<sup>nd</sup>**

**Hot Cereal: S: S: \$2.75 L: \$3.25**

**Breakfast special: French toast W/ side Fruit. \$4.75**

**Soup: Albondigas – Meatballs, onions, celery, carrots, rice, and S: \$3.25 L: \$3.85**

**Healthy Choice: Vegetarian Enchiladas – (2) Corn tortillas, tomatoes, beans, corn, onions, American cheese & enchilada sauce, With a side salad. \$7.25**

**Special: Turkey Club- Turkey on Sourdough, mayo, mustard, lettuce, bacon, tomatoes, onions, pickles, cheese, \$7.95**

### **Friday, April 3<sup>rd</sup>**

**Hot Cereal: S: \$2.75 L: \$3.25**

**Breakfast special: Scrambled Eggs w/ Ham, cheese & hash browns, biquit and fruit. \$6.95**

**Soup: Zucchini and Brown Rice S: \$3.25 L: \$3.85**

**Healthy Choice: Egg Plant sandwich- Grilled Plant, whole wheat bread, bell peppers, onions, and tomatoes topped off W/ melted Provolone cheese, with a side salad. \$7.25**

**Special: Fish Fajitas-Tender Fish with green & red peppers, grilled onions, And Pico de Gallo wrapped in a soft warm flour tortilla with Spanish rice. \$7.95**

**Menu is subject to change depending upon availability**