

Back Door Deli Weekly Specials for January 12<sup>th</sup> – 16<sup>th</sup>

Breakfast from 8am- - 11am, M-F

Lunch from 11am – 2:00 pm, M-F (805) 681-9968

## Monday, January 12<sup>th</sup>

Hot Cereal: S. \$3.25 L. \$3.85

Breakfast special: Ham And Cheese – 2 eggs, grilled onions, ham, and cheddar cheese. \$5.75

Soup: Chili- S \$ 3.25 L: \$3.85

Healthy Choice: Garden Sandwich- Grilled red peppers, onions, cucumbers, spinach, pesto and goat cheese, with a side salad.

\$7.25

Special: Teriyaki Chicken – 2 Pieces of gilled chicken basted in teriyaki sauce served with steamed vegetables & white rice, \$7.95

#### Tuesday, January 13<sup>th</sup>

Hot Cereal: S. \$3.25 L. \$3.85

Breakfast Special: Garden Omelet- 2 eggs, onions, red peppers, tomatoes and cheddar cheese... \$5.75

**Soup:** Tortilla - S: \$3.25 L: \$3.85

Healthy Choice: Turkey on whole wheat-Sliced turkey, whole wheat bread, light mayo, mustard ,tomatoes, lettuce ,onions, pickles, and with a side salad or small soup. \$6.50

Latin Special: Taco Tuesday!!-2 Crispy Tortillas - seasoned ground beef, lettuce, tomatoes, onions and cheddar jack cheese W/Spanish rice \$6.95

## Wednesday, January 14<sup>th</sup>

Hot Cereal: S. \$3.25 L. \$3.85

**Breakfast special**: Pancakes with Bananas-3 made to order pancakes with a whole banana sliced on top and maple syrup. \$4.95 **Soup:** Cream of Shrimp- S: \$3.25 L: \$3.85

Healthy Choice: Grilled Chicken & Zucchini – Whole wheat bread, grilled chicken breast, grilled zucchini, tomatoes, red onions, iceberg lettuce, light mayo, with a side salad. \$6.95

**Special**: Bacon wrapped Hot Dog-served French fries and a side of grilled onions and jalapeños. \$5.25

# Thursday, January 15<sup>th</sup>

Hot Cereal: S. \$3.25 L. \$3.85

Breakfast special: Fili Special- (2) Corn Tortillas w/ (2) eggs & Pico de Gallo, bacon & cheddar cheese. \$4.95

Soup: Black Bean- S: \$3.25 L: \$3.85

Healthy Choice: Veggie Wrap - Sundried flour tortillas, tomatoes, cucumbers. Onions, romaine lettuce, cream cheese,

With a choice of small soup or side salad. \$7.25

<u>Special</u>: Aarons Fried Chicken- 2 Pieces Buttermilk batter fired to crispy golden perfection served with mashed potatoes and Green beans \$7.95

#### Friday, January 16<sup>th</sup>

Hot Cereal: S. \$3.25 L. \$3.85

<u>Breakfast special</u>: Fresh Toast W/ Strawberries- 2- Pieces of Texas toast light egg battered French toast w/ side of fruit. \$4.95 Soup: Beef Ravioli- S: \$2.75 L: \$3.25

Healthy Choice: Spinach Salad and Soup- Mixed springs, red and green bell peppers, cucumbers, tomato, olives, onions, kidney beans, and Italian dressing. \$7.25

Special: Chimichangas –Deep fried bean and beef burrito served with rice and beans. \$5.95

Menu is subject to change depending upon availability