



Back Door Deli Weekly Specials for November 17-21

Breakfast from 8am- - 11am, M-F

Lunch from 11am – 2:00 pm, M-F

(805) 681-9968

Monday, November 17th

Hot Cereal: Arroz con Leche \$2.75 / \$3.25

Breakfast special: Ham And Cheese – 2 eggs, grilled onions, ham, and cheddar cheese. \$5.75

Soup: Roasted Peppers- Fresh roasted pepper, onions, tomatoes, garlic and sweet cream. S: \$3.25 L: \$3.85

Healthy Choice: Garden Sandwich- Grilled red peppers, onions, cucumbers, spinach, pesto and goat cheese, with a side salad.
\$7.25

Special: Turkey Club- Turkey on Sourdough, mayo, mustard, lettuce, bacon, tomatoes, onions, pickles, cheese, \$7.95

Tuesday, November 18th

Hot Cereal: Oatmeal \$2.75 / \$3.25

Breakfast Special: Garden Omelet- 2 eggs, onions, red peppers, tomatoes and cheddar cheese... \$5.75

Soup: Vegetable- Onions, celery, carrots, garlic and broccoli. S: \$3.25 L: \$3.85

Healthy Choice: Turkey on whole wheat-Sliced turkey, whole wheat bread, light mayo, mustard, tomatoes, lettuce, onions, pickles, and with a side salad or small soup. \$6.50

Latin Special: Taco Tuesday!!-2 Crispy Tortillas - seasoned ground beef, lettuce, tomatoes, onions and cheddar jack cheese
W/Spanish rice \$ 6.95

Special: Beef and Broccoli served with brown rice. \$6.95

Wednesday, November 19th

Hot Cereal: Cream of Wheat \$2.75 / \$3.25

Breakfast special: Pancakes with Bananas-3 made to order pancakes with a whole banana sliced on top and maple syrup. \$4.95

Soup: Cream of Tomato – Roma tomatoes, onions garlic and made with a cream base. S: \$3.25 L: \$3.85

Healthy Choice: Grilled Chicken & Zucchini –Whole wheat bread, grilled chicken breast, grilled zucchini, tomatoes, red onions, iceberg lettuce, light mayo, with a side salad. \$6.95

Latin Special: Chicken Nacho -Grilled & chopped chicken on a bed house made tortilla chips with melted cheddar jack cheese, topped with tomato, cilantro, sour cream and jalapenos-\$6.95

Thursday, November 20th

Hot Cereal: Cream of Wheat \$2.75 / \$3.25

Breakfast special: Fili Special- (2) Corn Tortillas w/ (2) eggs & Pico de Gallo, bacon & cheddar cheese. \$4.95

Soup: Veggies with pasta- Onions, celery, carrots, broccoli, garlic, and pasta. S: \$3.25 L: \$3.85

Healthy Choice: Veggie Wrap - Sundried flour tortillas, tomatoes, cucumbers. Onions, romaine lettuce, cream cheese,
With choice of small soup or side salad. \$7.25

Latin Special: Wet Burrito –Flour Tortilla filled carnitas, tomatoes, beans, onions, corn, and cheese, topped off with a green sauce, cilantro & sour cream. \$6.95

Friday, November 21st

Hot Cereal: Oatmeal \$2.75 / \$3.25

Breakfast special: Fresh Toast W/ Strawberries- 2- Pieces of Texas toast light egg battered French toast w/ side of fruit. \$ 4.95

Soup: Clam Chowder- Fresh Ocean Sea Clams, potatoes, onion, garlic: \$2.75 L: \$3.25

Special: Spinach Salad and Soup- Mixed springs, red and green bell peppers, cucumbers, tomato, olives, onions, kidney beans, and Italian dressing. \$7.25

Special: Western Bacon Burger: 100% Beef patty, bacon, onion rings, cheddar cheese on a ciabatta bread served with fries.
\$7.25

Menu is subject to change depending upon availability