



Back Door Deli
Weekly Specials for October 27th – October 31st

Breakfast from 8am- - 11am, M-F

Lunch from 11am – 2:00 pm, M-F

(805) 681-9968

Monday, October 27th

Hot Cereal: Cream of Wheat \$2.75/\$3.25

Breakfast Special: Garden Omelet – 2 eggs, onions, red peppers, tomatoes, and cheddar cheese. \$5.75

Soup: Chicken Noodle – Egg noodles w/slow cooked chicken, onions, celery, and carrots. S: \$2.75 L: \$3.25

Healthy Choice: Turkey Salad W/ Soup- Sliced Turkey, Tomatoes, romaine lettuce, cheddar cheese, black olives. \$7.25

Latin Special: Garden Nacho -Grilled & chopped Garden Burger patty on a bed house made tortilla chips with melted cheddar jack cheese, topped with tomato, cilantro, sour cream and jalapenos-\$6.95

Tuesday, October 28th

Hot Cereal: Cream of Wheat \$2.75/ \$3.25

Breakfast Special: Denver Omelet- 2 eggs, onions, red & green peppers, onions, ham and cheddar cheese. \$ 4.75

Soup: Cream of Tomato-Roma tomatoes, garlic, onions, and cream. \$2.75 L: \$3.25

Healthy Choice: Egg Plant sandwich- Grilled Plant, whole wheat bread, bell peppers, onions, and tomatoes topped off W/ melted Provolone cheese, with a side salad. \$ 7.25

Latin Special: Taco Tuesday!!-2 crispy or soft tacos- seasoned ground beef, lettuce, tomatoes, onions and cheddar jack cheese W/Spanish rice - \$6.95

Wednesday, October 29th

Hot Cereal: Oatmeal \$2.75/ \$3.25

Breakfast Special: Fresh Toast W/ Strawberries- 2- Pieces of Texas toast light egg battered French toast w/ side of fruit. \$ 4.95

Soup: Cream of Broccoli - Broccoli, onions garlic and made with a cream base. S: \$2.75 L: \$3.25

Healthy Choice: Vegetarian Enchiladas – (2) Corn tortillas, tomatoes, beans, corn, onions, American cheese & enchilada sauce, With a side salad. \$7.25

Latin Special: 2 Steak Fajitas- Tender marinated beef with green & red peppers, gilled onions, and Pico de Gallo wrapped in a soft warm flour tortilla with Spanish rice -\$6.95

Thursday, October 30th

Hot Cereal: Arroz con Leche \$2.75/ \$3.25

Breakfast Special: Fili Special- (2) Corn Tortillas w/ (2) eggs & Pico de Gallo, bacon & cheddar cheese. \$ 4.95

Soup: Chicken Noodle – Egg noodles w/slow cooked chicken, onions, celery, and carrots. S: \$2.75 L: \$3.25

Healthy Choice: Grilled Chicken & Zucchini –Whole wheat bread, grilled chicken breast, grilled zucchini, tomatoes, red onions, iceberg lettuce, light mayo, with a side salad. \$6.95

Latin Special: 2 Traditional Salvadorian Popusas –Tender pork, beans, and cheese folded into a Masa patty and grilled to perfection topped with a tangy cabbage relish - \$7.95/ \$ 8.95 with sides

Friday, October 31st

Hot Cereal: Arroz con Leche \$2.75/ \$3.25

Breakfast Special: Pancakes w/Bananas- 3 made to order pancakes with a whole banana sliced on top and maple syrup \$4.7 5

Soup: Clam Chowder- Fresh Ocean Sea Clams, potatoes, onions, garlic. \$2.75 L: \$3.25

Healthy Choice: Veggie Wrap - Sundried flour tortillas, tomatoes, cucumbers, onion, romaine lettuce, cream cheese, with a side salad or small soup. \$7.25

Latin Special: chicken Mole- Slow cooked chicken, mole sauce served with Spanish rice and tortillas - \$ 6.95

Menu is subject to change depending upon availability