

**Community Action Commission of Santa Barbara County (CAC)**

**Annual Accountability Report: Santa Barbara CA PREP Program**

**Submitted to: Maternal, Child and Adolescent Health**

**September 1, 2013-June 30, 2014**

The California Personal Responsibility and Education Program (CA PREP) provides evidence-based sexual reproductive health education to youth between the ages of 11- 21 years old. During program year September 1, 2013-June 30, 2014, 343 youth throughout the County of Santa Barbara successfully graduated from CAC's CA PREP. CAC delivered curriculum at 46 sites throughout Santa Barbara County including affordable housing units, school sites, probation sites, and other community venues to meet the needs of underrepresented youth. CAC staffs the program with two qualified bilingual/bicultural staff who serve as health educators, recruiters and mentors. CA PREP staff, with the guidance and support of program stakeholders, also conducts outreach and information presentations for families and community agencies. CA PREP maintains a local Stakeholders Coalition which includes the Santa Barbara County Public Health Department, Santa Barbara County Probation Department, Santa Barbara School District, Cen-Cal and other representatives of the community that provide input/ suggestions and oversight for the PREP program. Our stakeholders meet four times per year to review the program and keep up to date on who we are serving, review reports from the State, and are keep informed on new adaptations that occur as information changes with the Evidence Based Program Model (EBPM). Suggestions from stakeholders on where and whom to recruit for future cohorts has become a priority for this group, as has representation of youth and parents at our Stakeholders Coalition quarterly meetings.

During this program year 100% of the 48 developed cohorts used the EBPM "Be Proud Be Responsible" (BPBR) curriculum . In using the BPBR curriculum we became aware that more than 70% of all PREP-funded counties use the BPBR curriculum, which is highly interactive and promotes group discussion. The strength that we see in our youth that graduate from the Be Proud/Responsible curriculum is that they are well-educated about avoidance of risky behaviors that can lead to teen pregnancy and sexually transmitted infections.

The following pages show results in Santa Barbara County for your CA PREP program here. Information was extracted by University of California San Francisco Evaluation Team and Santa Barbara County youth whom have provided this information.

## The Community Action Commission of Santa Barbara County

### Selected PREP Survey Results: September 1, 2013–June 30, 2014

This summary includes selected results from your agency's surveys collected from September 1, 2013–June 30, 2014 as well as the combined results from all CA PREP agencies. Table 1 summarizes data from your attendance logs and survey summary forms.

**Table 1: Participant and survey totals, your agency and all CA PREP**

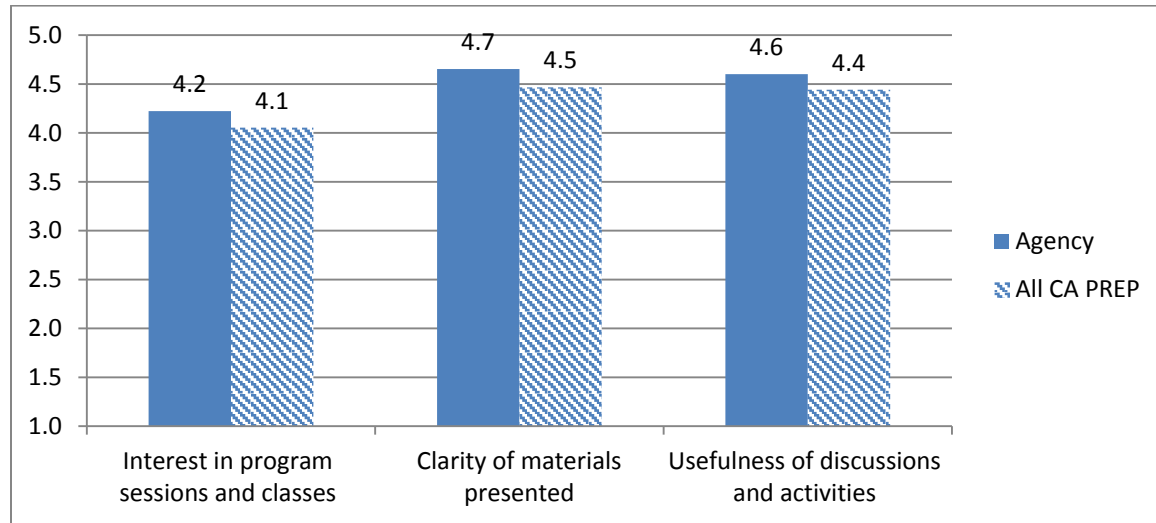
	<b>Your agency</b>	<b>All CA PREP</b>
Total number of completed cohorts	46	917
Total number of participants	401	14,826
Total number of completers (retention rate)	343 (86%)	12,571 (85%)
Minimum number of annual youth to be served	348	9783
Percent of intended reach met (completers/minimum)	106%	140%
Total number of entry surveys	397	13,174
Total number of exit surveys	339	11,815
Matched surveys <sup>1</sup>	239	7475
Entry survey/participant ratio	99%	89%
Exit survey/entry survey ratio	85%	90%
Total number of newcomers	29	823
Average age of participants	15.0	15.3
Percent female participants	45.2%	45.2%
Percent Hispanic participants	87.8%	71.6%

<sup>1</sup> Surveys are matched based on responses from three questions asked at entry and exit

### Program interest and usefulness

Participants were asked, “How often in this program did you feel interested in program sessions and classes?”, “How often in this program did you feel the material presented was clear?”, and “How often in this program did discussions or activities help you to learn program lessons?” Results from these questions were measured using a 5-point scale, with 1 indicating “None of the time,” and 5 indicating “All of the time.” Note for these questions, results closest to 5 are desired.

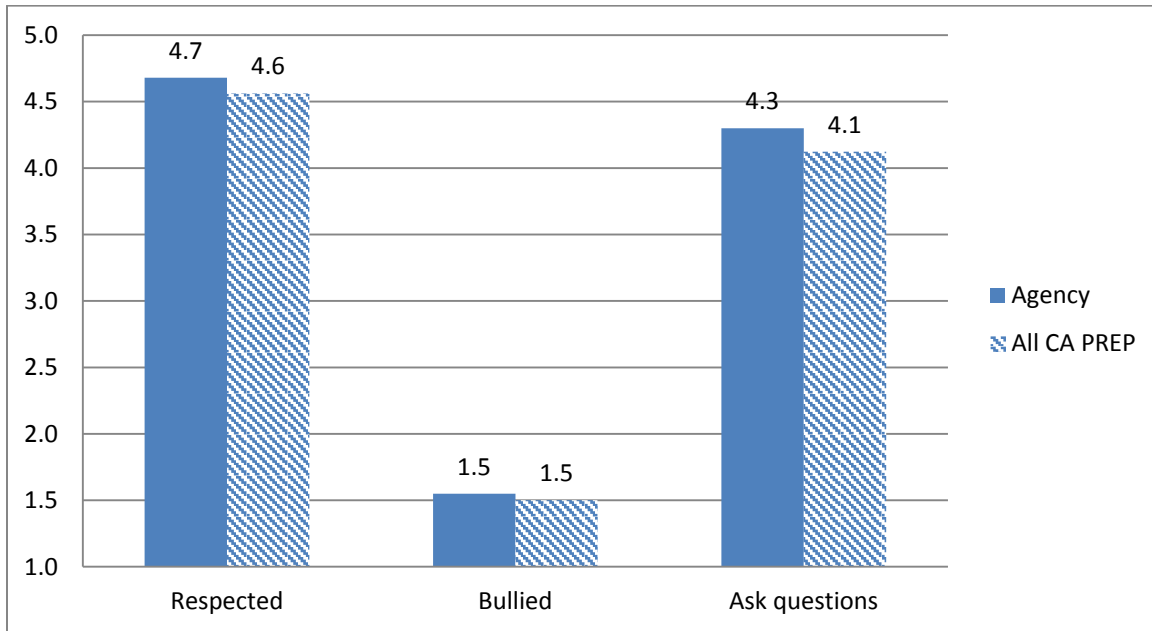
**Figure 1: Perceived program interest and usefulness, your agency (n=337) and all CA PREP (n=11,642)**



## Respectful environment

Participants were asked, “How often did you have a chance to ask questions about topics or issues that came up in the program?” Respondents were also asked, “How often in this program did you feel respected as a person?” and “How often in this program were you picked on, teased, or bullied in this program?” Note for being bullied or teased, a lower average response is desired.

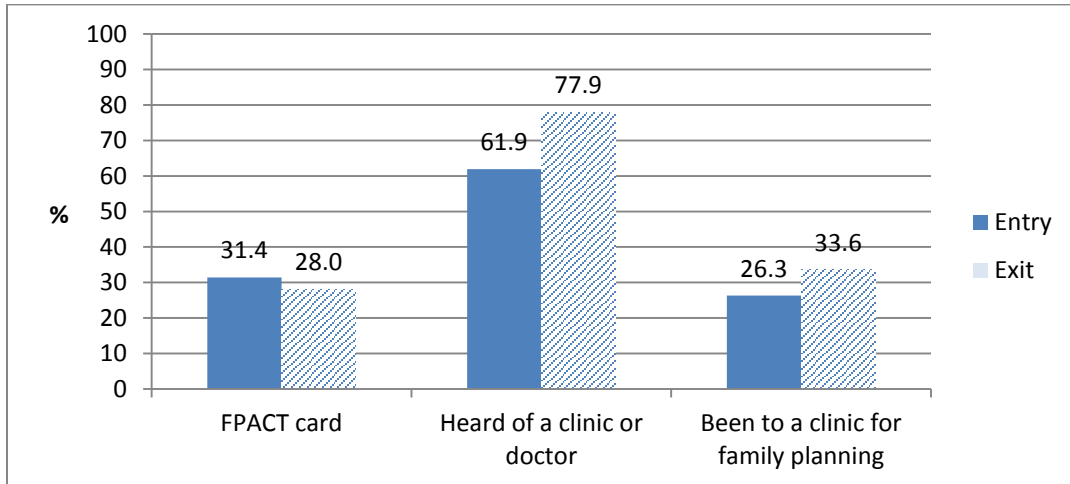
**Figure 2: Program environment, your agency (n= 337) and all CA PREP (n=11,596)**



### Change in knowledge or behavior

A small number of questions were asked at both entry and exit. By matching participant responses between the surveys, you may see changes in knowledge or behavior during the time of your program. Remember that the changes may also be due to participants' maturation over time, a result of another intervention, chance, or some other factor. In both surveys, participants were asked, "Do you have an FFACT card?", "Have you heard of a clinic or doctor?", and "Have you been to a clinic for family planning services?"

**Figure 3: Knowledge and use of FFACT and health services, matched entry and exit results, your agency (n=232)**



In both surveys, participants were asked to agree or disagree with three statements: "It is safe to start sex without a condom as long as the condom is put on before the male ejaculates," "Condoms exposed to heat and sunlight may break more easily," and "When using a condom, a person should always leave some room or space at the tip of the condom." Figure 4 shows the percentage of matched respondents who answered all three questions correctly.

**Figure 4: Percent of matched respondents with correct knowledge of condoms, at entry and exit, your agency (n=220), and all CA PREP (n=7097)**

